# First Responders VEBA Trust

# 2025 Benefits Enrollment Guide

**Pre 65 Members** 





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FIRST RESPONDERS

### **About the First Responders VEBA**

The First Responders VEBA (Voluntary Employees' Beneficiary Association) is a specialized health benefits trust designed to provide comprehensive medical and vision coverage for retired, pre-Medicare eligible first responders, including police officers, firefighters, emergency medical personnel, and public sector employees.

The mission of the First Responders VEBA, in consultation with the Health Benefit Alliance (HBA), is to provide and maintain quality, cost effective benefits, including medical, prescription drugs, and vision programs, for all eligible Police, Fire, Emergency and Public Sector workers.

### First Responders VEBA Board

The First Responders VEBA Board is drawn from volunteers with experience on boards with health and disability benefits. The responsibilities and objectives of the Board include:

- Oversee the selection of healthcare plans that will be offered each year to members of the VEBA, including medical, prescription drug, and vision plans;
- Manages the selection of the plan administrator for the VEBA plans each year as they support the membership in completing the necessary steps to enroll and participate in the VEBA benefit offerings;
- The VEBA Insurance Representatives will provide timely updates about the First Responders VEBA annual enrollment process as well as any changes to the plans offered, including the cost of the programs during open enrollment.

### Please Keep Your Contact Information Up-to-Date!

It is important to have the most up-to-date contact information for active duty and retirees who are eligible to participate in these healthcare plans. Please go to our website **www.FirstRespondersUS.com** and click on "Join Our Mailing List" link and provide your contact information.

# **WELCOME TO YOUR 2025 ENROLLMENT GUIDE**

Benefit elections are among the most important choices that we make for ourselves and our family. That is why the First Responders VEBA offers a comprehensive package of medical, prescription drug, and vision benefits to meet the unique protection needs of our Membership.

Please take the time to carefully consider your benefit choices during this Special Enrollment period.



### **ENROLL ONLINE**

Go to **FirstRespondersUS.benelist.com** to complete your enrollment in minutes.



### **ENROLL BY PHONE**

Call us at **774-RESPOND** (774-737-7663) and let one of our Benefit Counselors help you enroll over the phone.





### **ENROLL BY FORM**

Complete the First Responders VEBA enrollment form and return via email to: **FRenrollment@HBAAdministrators.com** or via regular mail to:

HBA Administrators Attn: First Responders VEBA Enrollment 4100 Monument Corner Drive, Suite 500 Fairfax, VA 22030

# **ELIGIBILITY**

### **ELIGIBILITY**

Eligible Members are pre-Medicare Retirees of the Public Sector, First Responders, Police, Fire, Paramedics, Emergency Medical Technicians, and affiliated services groups. Eligible Members must be under age 65 and include:

- > Retiree Member First Responder, Police, Fire, Emergency, and Public Sector industry retirees
- > Spouse\* Member The spouse, surviving spouse, and/or ex-spouse of a current, disabled, or deceased Retiree Member
- > **Dependent Child(ren)** A natural born child, stepchild, adopted child, or grandchild of any age claimed as a dependent on the Retiree Member's or Spouse Member's federal tax return

### Your eligible dependents include:

- Spouse
- ▶ A dependent child (natural, adopted and step children) under the age 26 regardless of student status, marital status or residence. Coverage will terminate at the end of the month in which the dependent turns 26.
- ▶ Disabled children of any age who live with you and depend on you for support due to a mental or physical disability (additional validation documentation may be required).

### Your eligible dependents do not include:

- ► Individuals on active duty in any branch of military service (except to the extent and for the period required by law)
- ▶ Permanent residents of a country other than the United States
- ► Parents, grandparents, or other ancestors
- ► Grandchildren who do not meet the definition of dependent grandchildren and who are not claimed on your or your spouse's federal income tax return.

Qualified Spouse Members may enroll in the Plan as otherwise allowed, regardless of whether the eligible Retiree Member is enrolled, and may make enrollment elections independent from those of the Retiree Member.

\*Note: Plan eligibility for qualified same-sex Domestic Partners is extended on the same basis as for Spouse Members.



## **HEALTH PLAN SERVICE PARTNERS**

The First Responders VEBA, in consultation with the Health Benefit Alliance, has assembled a menu of health plan design options supported by best-in-class service partners to deliver valuable benefits to our Members and their covered dependents.



**Reflect Health (***formerly* **S&S** *Health***)** – As the health plan service center, Reflect Health provides efficient claims processing in accordance with plan provisions and professional Member service support.

**HBAeHealth**<sup>sM</sup> − 24/7/365 virtual access to qualified Primary Care and Behavioral Health medical professionals as close as a phone, tablet, or computer...all for a \$0 copay.

PHCS for Value Driven Health Plans – A national Preferred Provider (PPO) network consisting of over 990,000 practitioners and 78,000 ancillary providers, PHCS for Value Driven Health Plans is the largest independent, NCQA (National Committee for Quality Assurance) accredited network in the U.S.

You can search In-Network providers online at <a href="https://portal.hstechnology.com/PHCS">https://portal.hstechnology.com/PHCS</a>.

**HBACareNav**<sup>sm</sup> – A specially trained team of Care Guides to help Members navigate a complex healthcare system to optimize plan benefits, avoid claim complications, and minimize out-of-pocket expenses.

**AvantaRx** – The plans' Pharmacy Benefit Manager supporting easy, affordable access to a wide range of the most commonly used prescription medications. Members may fill up to a 30-day supply of covered prescription medications at over 65,000 participating retail pharmacies, or use mail order service for up to a 90-day supply of covered maintenance drugs for home delivery.

**HBAVision**<sup>sM</sup> – Each health plan option includes access to exclusive savings on high-quality eye care and designer eyewear, powered by *Alliance* member XP Health.

### **Hospital Care**

The plans use an open network for hospital and facility care. Claims for services performed at a hospital and other outpatient facilities are reimbursed using **Reference Based Pricing** (**RBP**) at a fair and reasonable level above what Medicare would pay for the same service.

Under the Plan's **Patient Liability Protection** (**PLP**) feature, when a Member adheres to the Care Navigation support provided, that Member will not be responsible for a balance bill for charges related to those covered services.



# **BASIC PLAN**

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PLAN PROVISION		BASIC PLAN		
			Out-of-Network <sup>1</sup>	
Deductible <sup>2</sup> (Individual   Family)		\$5,000   \$10,000	\$10,000   \$20,000	
Coinsurance (Plan Payment)		100%	100%	
Maximum Out of Pocket <sup>2</sup> (Individual   Fam	ily)	\$5,000   \$10,000	\$10,000   \$20,000	
PREVENTIVE CARE SERVICES				
ACA Preventive Services Schedule		\$0 Copay	100% after deductible	
Adult Routine Physical Exam, Mammo	gram, GYN Exam and PSA	\$0 Copay	100% after deductible	
PHYSICIAN SERVICES				
Primary Care Office Visit		\$15 Copay (3 visits max per year) <sup>2</sup>	100% after deductible	
Specialist Visit		\$15 Copay (3 visits max per year) <sup>2</sup>	100% after deductible	
X-ray and Lab Services Performed in t	ne Office	100% after deductible	100% after deductible	
Other Physician Services Performed in	the Office	100% after deductible	100% after deductible	
Urgent Care Visit		\$50 Copay (3 visits max per year) <sup>2</sup>	100% after deductible	
Telemedicine Vendor Services		\$0 Copay	Not Applicable	
HOSPITAL/FACILITY SERVICES (Su	bject to Reference Based Pricing)			
Inpatient Hospital Services (RBP)3	100% covered after deductible			
Outpatient Hospital Services/ Freestanding Surgery (RBP) <sup>3</sup>		100% covered after deductible		
Anesthesia (RBP) <sup>3</sup>		100% covered	after deductible	
Emergency Room Facilities and Covered Services (RBP)3			oay waived if admitted) deductible and coinsurance)	
OUTPATIENT: DIAGNOSTIC SERVICES (Non-Hospital Based)				
Lab/X-Ray		100% after deductible	100% after deductible	
Advanced Medical Imaging (RBP) <sup>3</sup>		100% covered	after deductible	
PREGNANCY BENEFITS				
Professional Services	100% after deductible	100% after deductible		
Maternity/Childbirth/Delivery (RBP)3	100% covered	after deductible		
OTHER SERVICES				
Chemotherapy/Radiation Therapy (RBI	p) <sup>3</sup>	100% covered after deductible		
Chiropractic Care (Limited to 10 visits per pl	an year)²	100% after deductible	100% after deductible	
Colonoscopy (RBP) <sup>3</sup> (Diagnostic purposes)		100% covered after deductible		
Dialysis (RBP) <sup>3</sup>		100% covered after deductible		
Durable Medical Equipment (Subject to li	mitations)	100% after deductible	100% after deductible	
Emergency Medical Transportation (Su	bject to limitations)	100% covered	after deductible	
Home Health Care (Limited to 120 days per	plan year) <sup>2</sup>	100% after deductible	100% after deductible	
<b>Rehabilitation/Habilitation Services</b> (Physical, Speech, and Occupational; Combined limit of 25 visits per plan year. Pre-authorization is required after 6 visits) <sup>2</sup>		100% after deductible	100% after deductible	
Skilled Nursing Care (Limited to 120 days per plan year) <sup>2</sup>		100% covered	after deductible	
<b>Sleep Apnea</b> (Limited to at-home testing and \$500 annual maximum benefit for machine and supplies) <sup>2</sup>		100% after deductible	100% after deductible	
Transplant – Facility (RBP)3				
Transplant – Physician and Anesthesiologist Charges during Inpatient Hospitalization (RBP) <sup>3</sup>		100% covered	after deductible	
Mental Health, Behavioral Health, or			after deductible	
Substance Abuse Services	Outpatient	100% after deductible	100% after deductible	

# BASIC PLAN (CONTINUED)

PLAN PROVISION	BASIC PLAN	
	In-Network	Out-of-Network <sup>1</sup>
VISION BENEFITS⁴		
In-Office Comprehensive Vision Exams	\$0 Copay	Up to \$35 benefit
Eyewear Allowance for frames or contacts	\$150 every	two (2) years
PRESCRIPTION DRUG PLAN	Retail (30-day supply)	Mail Order (90-day supply)
Prescriptions ACA Preventive Drugs	\$0 Copay	\$0 Copay
Non-Preventive Generic Drugs	\$5 Copay	\$10 Copay
Preferred Brand Drugs	Not Covered	
Non-Preferred Brand Drugs	Not Covered	
Specialty Drugs	Not Covered	
<b>Automated Diabetic Supplies</b> (Continuous glucose monitors (CGMs) and insulin pumps)	Plan pays 80% (60% if dispensed by non-participating pharmacy)	
MONTHLY RATES		
Member Only	\$802.40	
Member + Spouse	\$1,369.94	
Member + Child(ren)	\$1,320.51	
Member + Family	\$1,908.20	

<sup>&</sup>lt;sup>1</sup> Charges in excess of reasonable and customary rates for services performed by non-Network providers are not eligible for benefits.





Click or scan the QR code for a detailed Basic Plan benefit summary, including limitations and exclusions.



<sup>&</sup>lt;sup>2</sup> Visit, service, deductible, and Out-of-Pocket limits accumulate during a calendar year and reset on January 1<sup>st</sup> each year.

<sup>&</sup>lt;sup>3</sup> Claims for services performed at hospitals and other outpatient facilities are reimbursed using reference based pricing (RBP).

 $<sup>^4</sup>$  Vision benefits are provided outside of the Group Health Plan through a service contract with XP Health.

# **PLUS PLAN**

PLAN PROVISION		PLUS PLAN		
		In-Network	Out-of-Network <sup>1</sup>	
Deductible <sup>2</sup> (Individual   Family)		\$1,200   \$2,400	\$2,400   \$4,800	
Coinsurance (Plan Payment)		80%	20%	
Maximum Out of Pocket <sup>2</sup> (Individual   Fam	ily)	\$6,000   \$12,000   \$12,000   \$24,0		
PREVENTIVE CARE SERVICES				
ACA Preventive Services Schedule		\$0 Copay	20% after deductible	
Adult Routine Physical Exam, Mammo	ogram, GYN Exam and PSA	\$0 Copay	20% after deductible	
PHYSICIAN SERVICES				
Primary Care Office Visit		\$35 Copay	20% after deductible	
Specialist Visit		\$65 Copay	20% after deductible	
X-ray and Lab Services Performed in t	he Office	80% after deductible	20% after deductible	
Other Physician Services Performed in	n the Office	80% after deductible	20% after deductible	
Urgent Care Visit		\$40 Copay	20% after deductible	
Telemedicine Vendor Services		\$0 Copay	Not Applicable	
HOSPITAL/FACILITY SERVICES (Su	bject to Reference Based Pricing)			
Inpatient Hospital Services (RBP)3		80% covered a	after deductible	
Outpatient Hospital Services/ Freesta	nding Surgery (RBP)3	80% covered after deductible		
Anesthesia (RBP) <sup>3</sup>		80% covered after deductible		
Emergency Room Facilities and Covered Services (RBP)3		\$500 Copay (copay waived if admitted) (Hospital charges subject to deductible and coinsurance)		
OUTPATIENT: DIAGNOSTIC SERVI	CES (Non-Hospital Based)			
Lab/X-Ray		80% after deductible	20% after deductible	
Advanced Medical Imaging (RBP) <sup>3</sup>		80% covered a	after deductible	
PREGNANCY BENEFITS				
Professional Services		80% after deductible	20% after deductible	
Maternity/Childbirth/Delivery (RBP)3		80% covered a	rfter deductible	
OTHER SERVICES				
Chemotherapy/Radiation Therapy (RBI	D)3	80% covered a	after deductible	
Chiropractic Care (Limited to 10 visits per pl	an year) <sup>2</sup>	80% after deductible 20% after deductible		
Colonoscopy (RBP) <sup>3</sup> (Diagnostic purposes)		80% covered after deductible		
Dialysis (RBP) <sup>3</sup>		80% covered after deductible		
Durable Medical Equipment (Subject to li	imitations)	80% after deductible 20% after deductibl		
Emergency Medical Transportation (Su	ıbject to limitations)	80% covered after deductible		
Home Health Care (Limited to 120 days per	plan year)²	80% after deductible	20% after deductible	
Rehabilitation/Habilitation Services (Physical, Speech, and Occupational; Combined limit of 25 visits per plan year. Pre-authorization is required after 6 visits) <sup>2</sup>		80% after deductible	20% after deductible	
Skilled Nursing Care (Limited to 120 days per plan year) <sup>2</sup>		80% covered after deductible		
Sleep Apnea (Limited to at-home testing and \$500 annual maximum benefit for machine and supplies) <sup>2</sup>		80% after deductible	20% after deductible	
Transplant – Facility (RBP)3				
Transplant – Physician and Anesthesiologist Charges during Inpatient Hospitalization (RBP) <sup>3</sup>		80% covered a	after deductible	
Mental Health, Behavioral Health, or	Inpatient or Partial Day (RBP)3	80% covered a	after deductible	
Substance Abuse Services	Outpatient	80% after deductible	20% after deductible	

# PLUS PLAN (CONTINUED)

PLAN PROVISION	PLUS	PLAN
	In-Network	Out-of-Network <sup>1</sup>
VISION BENEFITS⁴		
In-Office Comprehensive Vision Exams	\$0 Copay	Up to \$35 benefit
Eyewear Allowance for frames or contacts	\$150 every	two (2) years
PRESCRIPTION DRUG PLAN	<b>Retail</b> (30-day supply)	Mail Order (90-day supply)
Prescriptions ACA Preventive Drugs	\$0 Copay	\$0 Copay
Non-Preventive Generic Drugs	\$5 Copay	\$10 Copay
Preferred Brand Drugs	Plan pays 80%	
Non-Preferred Brand Drugs	Plan pays 70% after deductible	
Specialty Drugs	Managed	N/A
<b>Automated Diabetic Supplies</b> (Continuous glucose monitors (CGMs) and insulin pumps)	Plan pays 80% (60% if dispensed by non-participating pharmacy)	
MONTHLY RATES		
Member Only	\$948.88	
Member + Spouse	\$1,685.78	
Member + Child(ren)	\$1,577.76	
Member + Family	\$2,281.71	

<sup>&</sup>lt;sup>1</sup> Charges in excess of reasonable and customary rates for services performed by non-Network providers are not eligible for benefits.





Click or scan the QR code for a detailed Plus Plan benefit summary, including limitations and exclusions.



<sup>&</sup>lt;sup>2</sup> Visit, service, deductible, and Out-of-Pocket limits accumulate during a calendar year and reset on January 1<sup>st</sup> each year.

<sup>&</sup>lt;sup>3</sup> Claims for services performed at hospitals and other outpatient facilities are reimbursed using reference based pricing (RBP).

 $<sup>^4</sup>$  Vision benefits are provided outside of the Group Health Plan through a service contract with XP Health.

# **ULTRA PLAN**

PLAN PROVISION		ULTRA PLAN		
		In-Network	Out-of-Network <sup>1</sup>	
Deductible <sup>2</sup> (Individual   Family)	ductible² (Individual   Family)		\$1,000   \$2,000	
Coinsurance (Plan Payment)		80%	20%	
Maximum Out of Pocket <sup>2</sup> (Individual   Fam.	ily)	\$4,500   \$9,000	\$9,000   \$18,000	
PREVENTIVE CARE SERVICES				
ACA Preventive Services Schedule		\$0 Copay	20% after deductible	
Adult Routine Physical Exam, Mammo	gram, GYN Exam and PSA	\$0 Copay	20% after deductible	
PHYSICIAN SERVICES				
Primary Care Office Visit		\$25 Copay	20% after deductible	
Specialist Visit		\$50 Copay	20% after deductible	
X-ray and Lab Services Performed in t	ne Office	80% after deductible	20% after deductible	
Other Physician Services Performed in	the Office	80% after deductible	20% after deductible	
Urgent Care Visit		\$40 Copay	20% after deductible	
Telemedicine Vendor Services		\$0 Copay	Not Applicable	
HOSPITAL/FACILITY SERVICES (Su	bject to Reference Based Pricing)			
Inpatient Hospital Services (RBP)3		80% covered a	ofter deductible	
Outpatient Hospital Services/ Freesta	nding Surgery (RBP)3	80% covered after deductible		
Anesthesia (RBP) <sup>3</sup>		80% covered after deductible		
Emergency Room Facilities and Covered Services (RBP)3		\$500 Copay (copay waived if admitted) (Hospital charges subject to deductible and coinsurance)		
OUTPATIENT: DIAGNOSTIC SERVICES (Non-Hospital Based)				
Lab/X-Ray		80% after deductible	20% after deductible	
Advanced Medical Imaging (RBP) <sup>3</sup>		80% covered a	fter deductible	
PREGNANCY BENEFITS				
Professional Services		80% after deductible	20% after deductible	
Maternity/Childbirth/Delivery (RBP)3		80% covered a	fter deductible	
OTHER SERVICES				
Chemotherapy/Radiation Therapy (RBF	p) <sup>3</sup>	80% covered a	fter deductible	
Chiropractic Care (Limited to 10 visits per pla	an year) <sup>2</sup>	80% after deductible 20% after deductibl		
Colonoscopy (RBP) <sup>3</sup> (Diagnostic purposes)		80% covered after deductible		
Dialysis (RBP) <sup>3</sup>		80% covered after deductible		
Durable Medical Equipment (Subject to li	mitations)	80% after deductible 20% after deductible		
Emergency Medical Transportation (Su	bject to limitations)	80% covered a	rfter deductible	
Home Health Care (Limited to 120 days per	olan year)²	80% after deductible	20% after deductible	
<b>Rehabilitation/Habilitation Services</b> (Physical, Speech, and Occupational; Combined limit of 25 visits per plan year. Pre-authorization is required after 6 visits) <sup>2</sup>		80% after deductible	20% after deductible	
Skilled Nursing Care (Limited to 120 days per plan year) <sup>2</sup>		80% covered a	ifter deductible	
<b>Sleep Apnea</b> (Limited to at-home testing and \$500 annual maximum benefit for machine and supplies) <sup>2</sup>		80% after deductible	20% after deductible	
Transplant – Facility (RBP)3				
Transplant – Physician and Anesthesiologist Charges during Inpatient Hospitalization (RBP) <sup>3</sup>		80% covered after deductible		
Mental Health, Behavioral Health, or	Inpatient or Partial Day (RBP)3	80% covered a	ifter deductible	
Substance Abuse Services	Outpatient	80% after deductible	20% after deductible	

# **ULTRA PLAN** (CONTINUED)

PLAN PROVISION	ULTRA	A PLAN
	In-Network	Out-of-Network <sup>1</sup>
VISION BENEFITS⁴		
In-Office Comprehensive Vision Exams	\$0 Copay	Up to \$35 benefit
Eyewear Allowance for frames or contacts	\$150 every	two (2) years
PRESCRIPTION DRUG PLAN	Retail (30-day supply)	Mail Order (90-day supply)
Prescriptions ACA Preventive Drugs	\$0 Copay	\$0 Copay
Non-Preventive Generic Drugs	\$5 Copay	\$10 Copay
Preferred Brand Drugs	Plan pays 80%	
Non-Preferred Brand Drugs	Plan pays 70%	after deductible
Specialty Drugs	Managed	N/A
<b>Automated Diabetic Supplies</b> (Continuous glucose monitors (CGMs) and insulin pumps)	Plan pays 80% (60% if dispensed by non-participating pharmacy)	
MONTHLY RATES		
Member Only	\$1,178.93	
Member + Spouse	\$2,011.03	
Member + Child(ren)	\$1,966.18	
Member + Family	\$2,843.13	

<sup>&</sup>lt;sup>1</sup> Charges in excess of reasonable and customary rates for services performed by non-Network providers are not eligible for benefits.





Click or scan the QR code for a detailed Ultra Plan benefit summary, including limitations and exclusions.

First Responders Benefit Line

(774) RESPOND (774-737-7663)

<sup>&</sup>lt;sup>2</sup> Visit, service, deductible, and Out-of-Pocket limits accumulate during a calendar year and reset on January 1<sup>st</sup> each year.

<sup>&</sup>lt;sup>3</sup> Claims for services performed at hospitals and other outpatient facilities are reimbursed using reference based pricing (RBP).

 $<sup>^4</sup>$  Vision benefits are provided outside of the Group Health Plan through a service contract with XP Health.

# **BRONZE PLAN**

PLAN PROVISION		BRONZE PLAN		
		In-Network	Out-of-Network <sup>1</sup>	
Deductible <sup>2</sup> (Individual   Family)	Deductible <sup>2</sup> (Individual   Family)		\$4,000   \$8,000	
Coinsurance (Plan Payment)		80%	60%	
Maximum Out of Pocket <sup>2</sup> (Individual   Fam	ily)	\$3,000   \$6,000	\$6,000   \$12,000	
PREVENTIVE CARE SERVICES				
ACA Preventive Services Schedule		\$0 Copay	60% after deductible	
Adult Routine Physical Exam, Mammo	gram, GYN Exam and PSA	\$0 Copay	Not Covered	
PHYSICIAN SERVICES				
Primary Care Office Visit		80% after deductible	60% after deductible	
Specialist Visit		80% after deductible	60% after deductible	
X-ray and Lab Services Performed in t	ne Office	80% after deductible	60% after deductible	
Other Physician Services Performed in		80% after deductible	60% after deductible	
Urgent Care Visit		80% after deductible	60% after deductible	
Telemedicine Vendor Services		\$0 Copay	Not Applicable	
HOSPITAL/FACILITY SERVICES (Su	biect to Reference Based Pricing)	, a soproj		
Inpatient Hospital Services (RBP)3	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	80% covered a	fter deductible	
Outpatient Hospital Services/ Freesta	nding Surgery (RRP)3	80% covered after deductible		
Anesthesia (RBP) <sup>3</sup>		80% covered after deductible		
Emergency Room Facilities and Covered Services (RBP)3			fter deductible	
OUTPATIENT: DIAGNOSTIC SERVICES (Non-Hospital Based)				
Lab/X-Ray		80% after deductible	60% after deductible	
Advanced Medical Imaging (RBP) <sup>3</sup>			fter deductible	
PREGNANCY BENEFITS		3070 3070134 3	intol doddotioto	
Professional Services		80% after deductible	60% after deductible	
Maternity/Childbirth/Delivery (RBP) <sup>3</sup>			ofter deductible	
OTHER SERVICES		0070 0000100 0	Troi doddotioto	
Chemotherapy/Radiation Therapy (RBI	013	80% covered a	fter deductible	
Chiropractic Care (Limited to 10 visits per pl		80% after deductible 60% after deductible		
	an year)-	80% covered after deductible		
Colonoscopy (RBP) <sup>3</sup> (Diagnostic purposes)  Dialysis (RBP) <sup>3</sup>		80% covered after deductible		
	maikatia na l			
Durable Medical Equipment (Subject to li		80% after deductible 60% after deductible		
Emergency Medical Transportation (St		80% covered after deductible		
Home Health Care (Limited to 120 days per	- ,	80% after deductible	60% after deductible	
<b>Rehabilitation/Habilitation Services</b> (Physical, Speech, and Occupational; Combined limit of 25 visits per plan year. Pre-authorization is required after 6 visits) <sup>2</sup>		80% after deductible	60% after deductible	
Skilled Nursing Care (Limited to 120 days per plan year) <sup>2</sup>		80% covered after deductible		
Sleep Apnea (Limited to at-home testing and \$500 annual maximum benefit for machine and supplies) <sup>2</sup>		80% after deductible	60% after deductible	
Transplant – Facility (RBP)3				
Transplant – Physician and Anesthesic Inpatient Hospitalization (RBP) <sup>3</sup>	ologist Charges during	80% covered a	fter deductible	
Mental Health, Behavioral Health, or	Inpatient or Partial Day (RBP)3	80% covered a	fter deductible	
Substance Abuse Services	Outpatient	80% after deductible	60% after deductible	

# **BRONZE PLAN** (CONTINUED)

PLAN PROVISION	BRONZE PLAN			
	In-Network		0	ut-of-Network¹
VISION BENEFITS⁴				
In-Office Comprehensive Vision Exams	\$0 Copay		Up	to \$35 benefit
Eyewear Allowance for frames or contacts		\$150 every	two (2) years	
PRESCRIPTION DRUG PLAN	In-Network Retail (30-day supply)		k Mail Order y supply)	Out-of-Network Retail (30-day supply)
Prescriptions ACA Preventive Drugs	\$0 Copay	\$0.0	Copay	\$0 Copay
Non-Preventive Generic Drugs	\$15 Copay, after ded.	\$30 Copay, after ded.		\$15 Copay, after ded. plus 20% of approved amount
Preferred Brand Drugs	\$50 Copay, after ded.	\$100 Copay, after ded.		\$50 Copay, after ded. plus 20% of approved amount
Non-Preferred Brand Drugs	\$70 Copay, after ded.	\$140 Copay, after ded.		\$70 Copay, after ded. plus 20% of approved amount
Specialty Drugs	Managed	Ma	naged	N/A
<b>Automated Diabetic Supplies</b> (Continuous glucose monitors (CGMs) and insulin pumps)	80%	80%		60%
MONTHLY RATES				
Member Only	\$1,136.30			
Member + Spouse	\$2,162.46			
Member + Child(ren)	\$2,180.46			
Member + Family	\$3,102.74			

<sup>&</sup>lt;sup>1</sup> Charges in excess of reasonable and customary rates for services performed by non-Network providers are not eligible for benefits.



Click or scan the QR code for a detailed Bronze Plan benefit summary, including limitations and exclusions.





<sup>&</sup>lt;sup>2</sup>Visit, service, deductible, and Out-of-Pocket limits accumulate during a calendar year and reset on January 1<sup>st</sup> each year.

<sup>&</sup>lt;sup>3</sup> Claims for services performed at hospitals and other outpatient facilities are reimbursed using reference based pricing (RBP).

<sup>&</sup>lt;sup>4</sup> Vision benefits are provided outside of the Group Health Plan through a service contract with XP Health.

# **SILVER PLAN**

PLAN PROVISION		SILVER PLAN		
		In-Network	Out-of-Network <sup>1</sup>	
Deductible <sup>2</sup> (Individual   Family)		\$500   \$1,000	\$1,000   \$2,000	
Coinsurance (Plan Payment)		80%	60%	
Maximum Out of Pocket <sup>2</sup> (Individual   Fam	ily)	\$2,000   \$4,000	\$4,000   \$8,000	
PREVENTIVE CARE SERVICES				
ACA Preventive Services Schedule		\$0 Copay	60% after deductible	
Adult Routine Physical Exam, Mammo	gram, GYN Exam and PSA	\$0 Copay	Not Covered	
PHYSICIAN SERVICES				
Primary Care Office Visit		\$20 Copay	60% after deductible	
Specialist Visit		\$20 Copay	60% after deductible	
X-ray and Lab Services Performed in t	ne Office	80% after deductible	60% after deductible	
Other Physician Services Performed in		80% after deductible	60% after deductible	
Urgent Care Visit		\$20 Copay	60% after deductible	
Telemedicine Vendor Services		\$0 Copay	Not Applicable	
HOSPITAL/FACILITY SERVICES (Su	bject to Reference Based Pricing)			
Inpatient Hospital Services (RBP)3	,	80% covered a	after deductible	
Outpatient Hospital Services/ Freesta	nding Surgery (RBP)3	80% covered after deductible		
Anesthesia (RBP) <sup>3</sup>	3 4 3 7	80% covered after deductible		
Emergency Room Facilities and Covered Services (RBP)3		\$500 Copay (copay waived if admitted) (Hospital charges subject to deductible and coinsurance)		
OUTPATIENT: DIAGNOSTIC SERVI	CES (Non-Hospital Based)	(	,	
Lab/X-Ray		80% after deductible	60% after deductible	
Advanced Medical Imaging (RBP) <sup>3</sup>		80% covered a	after deductible	
PREGNANCY BENEFITS				
Professional Services		80% after deductible	60% after deductible	
Maternity/Childbirth/Delivery (RBP)3			after deductible	
OTHER SERVICES		30,000,000		
Chemotherapy/Radiation Therapy (RBI	013	80% covered a	80% covered after deductible	
Chiropractic Care (Limited to 10 visits per pl		80% after deductible 60% after deductible		
Colonoscopy (RBP) <sup>3</sup> (Diagnostic purposes)	an year)-	80% covered after deductible		
Dialysis (RBP) <sup>3</sup>		80% covered after deductible 80% covered after deductible		
Durable Medical Equipment (Subject to li	mitational			
Emergency Medical Transportation (Su	,	80% after deductible 60% after deductible 80% covered after deductible		
Home Health Care (Limited to 120 days per		80% after deductible	60% after deductible	
	• •		00% after deductible	
<b>Rehabilitation/Habilitation Services</b> (Physical, Speech, and Occupational; Combined limit of 25 visits per plan year. Pre-authorization is required after 6 visits) <sup>2</sup>		80% after deductible	60% after deductible	
Skilled Nursing Care (Limited to 120 days per plan year) <sup>2</sup>		80% covered after deductible		
<b>Sleep Apnea</b> (Limited to at-home testing and \$500 annual maximum benefit for machine and supplies) <sup>2</sup>		80% after deductible	60% after deductible	
Transplant – Facility (RBP)3				
Transplant – Physician and Anesthesiologist Charges during Inpatient Hospitalization (RBP) <sup>3</sup>		80% covered a	after deductible	
Mental Health, Behavioral Health, or	Inpatient or Partial Day (RBP)3	80% covered a	after deductible	
Substance Abuse Services	Outpatient	80% after deductible	60% after deductible	

# SILVER PLAN (CONTINUED)

PLAN PROVISION	SILVER PLAN			
	In-Network		0	ut-of-Network¹
VISION BENEFITS⁴				
In-Office Comprehensive Vision Exams	\$0 Copay		Up	to \$35 benefit
Eyewear Allowance for frames or contacts		\$150 every	two (2) years	
PRESCRIPTION DRUG PLAN	In-Network Retail (30-day supply)		k Mail Order v supply)	Out-of-Network Retail (30-day supply)
Prescriptions ACA Preventive Drugs	\$0 Copay	\$0.0	Copay	\$0 Copay
Non-Preventive Generic Drugs	\$10 Copay	\$20 Copay		\$10 Copay, after ded. plus 25% of approved amount
Preferred Brand Drugs	\$40 Copay	\$80 Copay		\$40 Copay, after ded. plus 25% of approved amount
Non-Preferred Brand Drugs	\$80 Copay			\$80 Copay, after ded. plus 25% of approved amount
Specialty Drugs	Managed	Ma	naged	N/A
Automated Diabetic Supplies (Continuous glucose monitors (CGMs) and insulin pumps)	80%	80%		60%
MONTHLY RATES				
Member Only	\$1,429.77			
Member + Spouse	\$2,765.80			
Member + Child(ren)	\$2,76		65.80	
Member + Family	\$3,979.94			

<sup>&</sup>lt;sup>1</sup> Charges in excess of reasonable and customary rates for services performed by non-Network providers are not eligible for benefits.



Click or scan the QR code for a detailed Silver Plan benefit summary, including limitations and exclusions.





<sup>&</sup>lt;sup>2</sup>Visit, service, deductible, and Out-of-Pocket limits accumulate during a calendar year and reset on January 1<sup>st</sup> each year.

<sup>&</sup>lt;sup>3</sup> Claims for services performed at hospitals and other outpatient facilities are reimbursed using reference based pricing (RBP).

<sup>&</sup>lt;sup>4</sup> Vision benefits are provided outside of the Group Health Plan through a service contract with XP Health.

# **VISION**



HBA Vision benefits are automatically included when enrolling in any of the Medical Plan options and are provided in partnership with XP Health.

BENEFIT COVERAGE	MEMBER BENEFIT
Benefit Period	Exams: Annual
Benefit and coverage provisions renew/reset	Materials: Every Two (2) Calendar Years
XP VISION CARE PLATFORM	
In Office Communication Vision Evens	In-Network: \$0 copay exam at
In-Office Comprehensive Vision Exams  Eye health assessment, refractive tests, and dilation when necessary	99,000 provider-location combinations
	Out-of-Network: Up to \$35 reimbursement
Online Rx Renewal (Virtual Visual Acuity Test) When appropriate in ~6 minutes, can be done from anywhere	\$35 per use
XP Health Care Navigation	Included
Helps members find the right provider for them	metada
XP MARKETPLACE	
<b>Technology-Driven Convenience and Personalization</b> Artificial intelligence powered face scan and recommendations, augmented reality tryon, virtual identification cards, live order tracking, etc.	Included
Eyewear Discounts For prescription, non-prescription eyewear and contact lens purchases	Frames: \$150 credit, \$35 lab fee applied to eyewear orders
<b>Best-in-Class Lens Features</b> The XP Health program includes coverage of most lens options and quality tiers. Other costs that are listed in-platform.	add-ons (e.g., light-responsive lenses) do have additional associated
Advanced Anti-Reflective Coating	Included
Advanced Blue/Violet Light Protection	Included
UV Protection	Included
Dust, Smudge, and Water Resistance	Included
Scratch Resistance Coating	Included
High-Index Lenses	Included
OTHER BENEFITS	
IN-OFFICE EYEWEAR DISCOUNTS	
Applicable with participating In-Network providers when purchasing eyewear in-pe	erson, outside of the XP Marketplace
Frames	Retail less 35%
Eye health assessment, refractive tests, and dilation when necessary	1.010.11.10.00 00 70
Lenses Discounted fixed-option pricing for lenses and other enhancements	
Single Vision	\$35
Bifocal	\$55
Trifocal	\$70
Lenticular	\$70
Contact Lenses	
Evaluation/Fitting	Included
Conventional	Included
Disposable	Included
OTHER DISCOUNTS	
	Members receive \$1,200 off at preferred providers – LasikPlus, TLC, and The LASIK Vision Institute
Refractive Surgery	All other In-Network providers extend 15% off standard pricing or 5% off promotional pricing

# **COMMON QUESTIONS**

### Q: What is the Health Benefit Alliance?

The Health Benefit Alliance (HBA) is a health benefit solutions firm specializing in health plan design and service provider curation to deliver efficient, cost-effective health benefit plan options for Plan Sponsors of all sizes.

### Q: Who is Reflect Health and what do they do?

Reflect Health (formerly S&S Health) is the Service Center behind the First Responders VEBA health plans and provides efficient claims administration and Member call center support, coordinates Care Navigation and preauthorization requests, and performs other important tasks critical to the smooth operation of the First Responders VEBA program.

### Q: Do the plans use a network of Preferred Providers (PPO)?

The First Responders VEBA health plans include access to Primary Care and Specialist physicians in the **PHCS for Value Driven Health Plans (VDHP)** network. A national Preferred Provider (PPO) network consisting of nearly 990,000 practitioners and 78,000 ancillary providers, PHCS for VDHP is the largest independent, NCQA (National Committee for Quality Assurance) accredited network in the U.S.

You can search In-Network providers online at https://portal.hstechnology.com/PHCS.

### Q: What if my doctor's office says they don't accept my coverage?

Provide the Care Navigation team contact information from the Member's ID card and ask that the doctor's office call directly to verify coverage.

### Q: Are Hospitals included in the network of Preferred Providers (PPO)?

The First Responders VEBA health plans use an *open network* for hospital services, including emergency room care, whereby every hospital facility is eligible to deliver services to Members and their covered dependents. Claims for covered services for facility care are processed using *Reference Based Pricing (RBP)* and reimbursed by the Plan at a fair and reasonable level above what Medicare would pay for the same service.

### Q: What is the Care Navigation feature and how does it work?

A specially trained team of *Care Guides* will help Members navigate today's complex healthcare delivery system, clarifying available options and simplifying choices along the way. Members are encouraged to contact the *Care Navigation* Team prior to scheduling:

- Hospital Services
- Outpatient Surgery
- Diagnostic Testing and Imaging
- Specialist Care

The *Care Guide* and Member will review the plan's coverage levels, resources, and limits to help optimize plan benefits, avoid claim complications, and minimize out-of-pocket exposure.

### Q: Do the health plans protect me against balance billing?

When engaging the *Care Navigation* team to review available options prior to scheduling non-emergency hospital or surgical services, diagnostic testing and imaging, or specialist care, Members will be presented with at least one option that involves facilities that accept reimbursement on behalf of the First Responders VEBA plan for which the plan's *Patient Liability Protection (PLP)* feature will apply for covered services. So long as the Member adheres to the plan's preauthorization rules and Care Navigation guidance, they will not be responsible for a balance bill for charges related to those covered services.



# **PRICING SUMMARY**



### **MEDICAL AND VISION BENEFITS**

MONTHLY RATES <sup>†</sup>	BASIC PLAN	PLUS PLAN	ULTRA PLAN	BRONZE PLAN	SILVER PLAN
Member Only	\$802.40	\$948.88	\$1,178.93	\$1,136.30	\$1,429.77
Member + Spouse	\$1,369.94	\$1,685.78	\$2,011.03	\$2,162.46	\$2,765.80
Member + Child(ren)	\$1,320.51	\$1,577.76	\$1,966.18	\$2,180.46	\$2,765.80
Member + Family	\$1,908.20	\$2,281.71	\$2,843.13	\$3,102.74	\$3,979.94

<sup>&</sup>lt;sup>†</sup>Monthly rates include projected health plan administration and claim costs, and vision benefit fees.

### **BILLING AND REMITTANCE**

Member contributions are due on the first business day of the month for which coverage is in effect. Payments are collected via ACH bank draft.

# **NOTES**





